



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
			February 1	February 2
			Tomato and White Wine Braised Chicken Breast 1/2 cup Rice Pilaf 1/2 cup Mixed Bean Medley Wheat Bread Fresh Seasonal Fruit	Breaded Fish Sandwich with Cheese 1/2 cup Macaroni and Cheese 1/2 cup Stewed Tomatoes Hamburger Roll 1/2 cup Sliced Pears
February 5	<u>February Birthdays</u>	February 6	February 7	February 8
Pizza Burger 1/2 cup Baked Sweet Potato Bites 1/2 cup Creamy Cole Slaw Hamburger Roll 1/2 cup Sherbet	1 cup Chicken and White Bean Chili 1 cup Tossed Salad with Tomato and Dressing 1/2 cup Baked Potato Biscuit Mandarin Oranges Birthday Cake	Burgundy Beef with Mushrooms over 1/2 cup Egg Noodles 1/2 cup Carrots Wheat Bread 1/2 cup Mixed Fruit Salad	Center Cut Pork Chop with 2 ounces Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Sweet Peas White Bread 1/2 cup Apple Cranberry Crisp	Chicken Alfredo 1/2 cup Penne Pasta with Sauce 1/2 cup Italian Green Beans Garlic Breadstick Fresh Seasonal Fruit
February 12	February 13	<u>Valentine's Day Special</u>	February 15	February 16
Pot Roast with 1 ounce Gravy 1/2 cup Baked Potato 1/2 cup Sliced Carrots Italian Bread Sugar Cookie	Turkey Roll Up with Stuffing and Gravy 1/2 cup Whipped Potatoes 1/2 cup Mixed Vegetable Medley White Bread 1/2 cup Applesauce	Chicken Rosa Baked Potato with Sour Cream 1/2 cup Peas and Onions Dinner Roll Strawberry Fluff	Beef Burrito (3 ounces Meat, Cheese, Lettuce, Tomato) 1/2 cup Warm Fiesta Corn 1/2 cup Spanish Rice Tortilla Shell 1/2 cup Baked Pineapple	Potato Crusted Pollock 1/2 cup Cheesy Shells 1/2 cup Sweet Peas White Bread Fresh Seasonal Fruit
February 19	February 20	February 21	February 22	February 23
 <p>Senior Center Closed President's Day</p>	Baked Sweet Sausage Sandwich with 2 ounces Peppers and Sauce with 1/2 ounce Mozzarella Cheese 1 cup Creamy Potato Soup with Crackers Sausage Roll Peach Cobbler Delight	Roasted Porkloin with 1 ounce Gravy 1/2 cup Rosemary Seasoned Redskins 1/2 cup Green Beans Biscuit with Apple Butter Fresh Seasonal Fruit	Warm Roast Beef Sandwich with Cheese and Au Jus 1 cup Vegetable Soup with Crackers Sandwich Roll Fresh Seasonal Fruit	Vegetable Lasagna with Parmesan Cream Sauce 1 cup Tossed Salad with Tomato Wedge and Hardboiled Egg Garlic Breadstick 4 ounces Orange Juice
February 26	February 27	February 28		
Bratwurst 1/2 cup Seasoned Potatoes 1/2 cup Peas and Onions Hotdog Roll Sugar Cookie Mustard Packet	Chicken Marsala 1/2 cup Garlic and Parmesan Pasta 1 cup Tossed Salad with Tomato and Dressing Wheat Bread 1/2 cup Mandarin Oranges	Baked Meatloaf with gravy 1/2 cup Whipped Potatoes 1/2 cup Creamed Corn Wheat Bread 1/2 cup Sliced Apples		

*** All meals are subject to change ***

*** Served Daily: 8 ounces Milk and 1 teaspoon Margarine