



CHECK OUT THE S.T.A.R.S. PROGRAMS “Senior Time Activities for Residents of Springettsbury”

Springettsbury Township and White Rose Senior Center are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person, 50 and over, are welcome to attend. The Summer 2013 classes are as follows:

“Cooking With Herbs” – Deb Bixler will explain and demonstrate how to make delicious foods with her nine favorite herbs: Parsley, Sage, Rosemary and Thyme...not to mention Basil, Oregano, Cilantro and even Lavender. She will make cookies, pesto, burgers and more! Recipes and samples will be provided to all. Maximum for the Class: 30.

Date and Time: Tuesday, June 11, 2013 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“Make an Assortment of Cards” - Marti Leader will show you how to make four different cards for many occasions using a variety of techniques. Your friends and loved ones will be thrilled to receive a handmade card from your heart! Supplies: scissors, tape runner, and a pencil. Maximum for the Class: 15.

Date and Time: Monday, June 17, 2013 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse
1501 Mt. Zion Rd., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“Cooking for Two” – You will learn how to make fun, fast, and healthy dinner ideas that serve two people. Deb Bixler will prepare Pear Salad, Hearty Meat Pie, Apple Stuffed Squash, Alfredo Chicken Lasagna, Flaky Fish Au Gratin, and Chocolate Chip Quesadilla all perfectly portioned for two! Recipes and samples will be provided to all. Maximum for the Class: 30.

Date and Time: Tuesday, July 9, 2013 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“Duck Tape Mania” – Marti Leader will demonstrate how to make a duck tape wallet and small tote that will compliment your assemble. These are the rave in the craft stores and make a perfect inexpensive gift. Supplies: Bring 3 rolls of decorative duck tape (found at craft store or a department store) and an exacta knife. Maximum for the Class: 15.

Date and Time: Tuesday, July 23, 2013 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse
1501 Mt. Zion Rd., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“Play With Your Food!” - Deb Bixler will show you how to make party garnishes like a professional. She will teach you food tricks that only restauranteurs know so that you can AMAZE your friends! At the next party, your food display will look like you hires a professional caterer! Samples and recipes will be provided. Maximum for the Class: 30.

Date and Time: Tuesday, August 13, 2013, 2012 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“Bingo and Lunch Aroma Buffet and Grill” – White Rose Senior Center and Springettsbury Township offer “Bingo” at Aroma Buffet and Grill. Prizes will be given to all of the winners. Lunch will be served prior to Bingo. Come and join in the fun!

Date and Time: Tuesday, August 27, 2013 (11:00-1:30 PM)

Location: 2801 E. Market St., York, PA

Cost: \$5.00 payable to Springettsbury Township prior to the class for Bingo (No Resident/Non-Resident Differentiation); Lunch is on Your Own. (\$6.50 buffet, \$1.50 beverage; 10% discount if 65+)

To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$10.00 registration fee for each class (except Bingo which is \$5.00) and if you are not a resident of Springettsbury Township there is an additional \$5.00 towards the class with the exception being for Bingo (this is new beginning with the Fall Session of 2012). The money is due prior to the class or program! Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:
 Springettsbury Township
 1501 Mt. Zion Rd.
 York, PA 17402

For additional questions, contact Lisa Krout at White Rose Senior Center (843-9704) or Mary Fisher at Springettsbury Township (505-0475).

REGISTRATION FORM

Name _____ Address _____
 City, State, Zip _____
 Home Phone _____ Work Phone _____ Email _____
 Emergency Contact: Name/Phone _____
 Date of Birth _____

Participant's Name	Course Name/Date	Fee - \$10.00/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named candidate for participation in the above named activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named activity.

_____ Do not send cash. Make checks **Total Payment \$** _____
 Signature of payable to Springettsbury
 Participant Township Recreation.
 1501 Mt. Zion Rd., York, PA 17402

___ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:
www.springettsbury.com