



## **CHECK OUT THE S.T.A.R.S. PROGRAMS** “Senior Time Activities for Residents of Springettsbury”

Springettsbury Township, White Rose Senior Center, and the York County Area Agency on Aging are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person 50 and over are welcome to attend. The Fall 2010 classes are as follows:

“Pennsylvania Deutch Done Right” – Pennsylvanians love their Deutch foods. In this class Deb Bixler will make some classic Deutch recipes the healthy way. Slippery pot pie, sugar cakes, baked corn and apple butter will just get us started! Recipes and samples will be provided at the class! Maximum for the Class: 30.

Date and Time: Tuesday, September 14, 2010 (2:00-4:00 PM)

**\*\*\*Location: Springetts Fire Company**

3013 E. Market St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Bingo at Hoss’s Steak & Sea House” – Join in the Fun! White Rose Senior Center and Springettsbury Township offer “Bingo” at the East York Hoss’s. Prizes will be given to all of the winners. Lunch (Soup and Salad plus a Beverage) will be served prior to Bingo.

Date and Time: Wednesday, October 6, 2010 (11:00-2:00 PM)

Location: 3604 E. Market St., York, PA

Cost: \$2.00 Registration Fee for Bingo; Lunch is on Your Own – 18% gratuity will be added to your bill.

“Casseroles, Brunch and Fall Soups” - You asked for it, you’ve got it. Deb Bixler will help to get you ready for the cold weather with some quick casseroles, winter soups and holiday brunch ideas all rolled up into one exciting class! Samples and the recipes will be provided to all! Maximum for the Class: 30.

Date and Time: Tuesday, October 12, 2010 (2:00-4:00 PM)

Location: Commonwealth Fire Company

2045 N. Sherman St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Make Holiday-Themed Cards” – Jean Ann Lehman will have two Iris Paper Folded cards for you to make and send to special people in your life for the Thanksgiving and Christmas season. Iris Paper Folding is a technique that originated in Holland. Color coordinated strips of folded paper are taped into place over a pattern, creating a spiraling design that resembles the iris of an eye or camera. Bring: Scissors, Pen or Pencil, Scotch Tape, Double Sided Tape/Glue Stick. Maximum for the Class: 15.

Date and Time: Thursday, October 28, 2010 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse

1501 Mt. Zion Rd., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Holiday Gift Giving from the Kitchen” – This will be a fun class! Deb Bixler will show you how to make holiday gifts that are fun to make, fun to eat and fun to get. We will make snacks, desserts, seasonings and more all well packaged and ready for the holidays. This would be a great idea for children’s activities too! Deb teaches fast, fun and healthy cooking so you are in for a treat. Of course samples and the recipes will be provided!  
Maximum for the Class: 30.

Date and Time: Tuesday, November 16, 2010 (2:00-4:00 PM)

Location: Commonwealth Fire Company  
2045 N. Sherman St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Make a Fresh Christmas Wreath” – Brenda Moore will show you how to make a fresh Christmas wreath to adorn your door for the holidays. Bring your own decorations to create your unique wreath and any special ribbon you might desire. She will have some ribbon, the evergreens, holly and other materials that you will need to make this fragrant project! *Bring: Clippers and/or Floral Scissors and Your Own Decorations.* Maximum for the Class: 20.

Date and Time: Tuesday, November 30, 2010 (2:00-4:00 PM)

Location: Commonwealth Fire Company  
2045 N. Sherman St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$5.00 registration fee for each class. Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:  
 Springettsbury Township  
 1501 Mt. Zion Rd.  
 York, PA 17402

For additional questions, contact Lisa Krout at White Rose Senior Center (843-9704)

**REGISTRATION FORM**

Name \_\_\_\_\_ Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Emergency Contact: Name/Phone \_\_\_\_\_

Participant's Name	Course Name/Date	Fee - \$5.00/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named candidate for participation in the above named activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named activity.

\_\_\_\_\_ Do not send cash. Make checks **Total Payment \$** \_\_\_\_\_  
 Signature of payable to Springettsbury  
 Participant Township Recreation.  
 1501 Mt. Zion Rd., York, PA 17402

\_\_\_ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:  
[www.springettsbury.co](http://www.springettsbury.co)