



CHECK OUT THE S.T.A.R.S. PROGRAMS “Senior Time Activities for Residents of Springettsbury”

Springettsbury Township, White Rose Senior Center, and the York County Area Agency on Aging are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person 50 and over are welcome to attend. The Spring 2010 classes are as follows:

“Don’t be Crabby” – The Maryland Crabs are becoming more and more scarce in the Chesapeake Bay. Deb Bixler, from the television show *Now We’re Cooking*, will teach you how to cook and enjoy Maryland crab recipes this summer without damaging the crab population even more. If you are allergic to crabs, don’t worry, we will have something for you too! Recipes and samples will be distributed at the class.

Maximum for the Class: 30.

Date and Time: Tuesday, March 30, 2010 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“The Convenient Gourmet” – Everyone is too busy to cook and always in a hurry. Deb Bixler will teach you how to focus on picking better convenience foods so that you can make gourmet recipes that are good for you. Deb teaches fun, fast and healthy cooking! Recipes and samples will be provided at the class! Maximum for the Class: 30.

Date and Time: Tuesday, April 13, 2010 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Hands On Cake Decorating Class” – Back by popular demand, Brenda Moore will show you some tips and secrets of cake decorating. This is a “hands on” class” where you will be provided with a undecorated six-inch cake and you will learn how to icing a cake, create borders, learn the striping technique, and make flowers, mice and clowns to embellish your cake. Stations will be arranged throughout the room. Come learn how to make beautiful cakes for your family and friends! You might want to bring a cake container to take your finished cake home in. Maximum for the Class: 20.

Date and Time: Wednesday, April 21, 2010 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Super Sensational Simple Summer Salad Solutions” – Deb Bixler will show you how to impress your friends this summer! The title says it all so come and enjoy salads that you have never imagined. Samples and the recipes will be provided to all!

Maximum for the Class: 30.

Date and Time: Tuesday, May 11, 2010 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Men Cards” – Jean Ann Lehman will teach you how to make two specific cards to give to a man. This is the perfect class to receive card ideas for Father’s Day, birthdays or any occasion that you would send a man a special card! Bring: scissors, colored pencils or colored markers, glue stick, scotch tape, pencil and a ruler. Maximum for the Class: 15.

Date and Time: Wednesday, May 19, 2010 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse
1501 Mt. Zion Rd., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Bingo at Hoss’s Steak & Sea House” – Join in the Fun! White Rose Senior Center and Springettsbury Township offer “Bingo” at the East York Hoss’s. Prizes will be given to all of the winners. Lunch will be served prior to Bingo.

Date and Time: Thursday, May 27, 2010 (11:00-2:00 PM)

Location: 3604 E. Market St., York, PA

Cost: \$2.00 Registration Fee for Bingo; Lunch is on Your Own – 18% gratuity will be added to your bill.

To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$5.00 registration fee for each class. Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:
 Springettsbury Township
 1501 Mt. Zion Rd.
 York, PA 17402

For additional questions, contact Lisa Krout at White Rose Senior Center (843-9704)

REGISTRATION FORM

Name _____ Address _____
 City, State, Zip _____
 Home Phone _____ Work Phone _____ Email _____
 Emergency Contact: Name/Phone _____

Participant's Name	Course Name/Date	Fee - \$5.00/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named candidate for participation in the above named activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named activity.

_____ Do not send cash. Make checks **Total Payment \$** _____
 Signature of payable to Springettsbury
 Participant Township Recreation.
 1501 Mt. Zion Rd., York, PA 17402

___ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:
www.springettsbury.co