



CHECK OUT THE S.T.A.R.S. PROGRAMS “Senior Time Activities for Residents of Springettsbury”

Springettsbury Township and White Rose Senior Center are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person, 50 and over, are welcome to attend. The Spring 2012 classes are as follows:

“The Perfect Breakfast” By request, Deb Bixler, will show you how to make favorite breakfast foods just in time for your Easter breakfast meal or any holiday entertaining. Learn how to make the Perfect Poached Egg, Corn Pancakes, Eggs Neptune and more! Samples and recipes will be provided to the group! Maximum for the Class: 30.

Date and Time: Tuesday, April 3, 2012 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 payable to Springettsbury Township prior to the class.

“Food Trends for 2012” – As reported by Fox News, Deb Bixler will be creating the foods that are trending for 2012. Seaweed and algae as a snack is one food trend. Deb’s sister Daisy is very trendy and made kale chips over the holidays. One more food to add to your must-eat list is almond butter...join us to learn the latest food trends and how they impact your health. Recipes and samples will be provided to all! Maximum for the Class: 30.

Date and Time: Tuesday, April 17, 2012 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 payable to Springettsbury Township prior to the class.

“Seasonal Cards” – Have cards ready for every season...Marti Leader will teach you how to create four seasonal cards using four different techniques. You will leave the class with a Spring, Summer, Fall, and Winter Card to share with your special friends and family.

Bring: Scissors, an Adhesive-like a Tape Runner, Glue, Pen, Pencil, glue dots, and a Ruler. Maximum for the Class: 15.

Date and Time: Monday, April 30, 2012 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse
1501 Mt. Zion Rd., York, PA

Registration Fee: \$10.00 payable to Springettsbury Township prior to the class.

“Make a Spring Floral Arrangement” – Brenda Moore will demonstrate and show you how to make a beautiful spring floral arrangement. She will also demonstrate how to make flat back arrangements, centerpieces, and give other helpful tidbits that will make you an expert too! Bring: a small to medium (between 8 inch and 10 inch) container or basket for your project and wire cutters. Maximum for the Class: 15.

Date and Time: Tuesday, May 1, 2012 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 payable to Springettsbury Township prior to the class.

“Bingo and Lunch Aroma Buffet and Grill” – New location so join in the fun! White Rose Senior Center and Springettsbury Township offer “Bingo” at Aroma Buffet and Grill. Prizes will be given to all of the winners. Lunch will be served prior to Bingo.

Date and Time: Monday, May 7, 2012 (11:00-1:30 PM)

Location: 2801 E. Market St., York, PA

Cost: \$5.00 Registration Fee for Bingo; Lunch is on Your Own. (\$6.50 buffet, \$1.50 beverage; 10% discount if 65+)

Registration Fee: \$5.00 payable to Springettsbury Township prior to the class.

“Summer Soups and Salads” Let’s get ready for a nice hot summer with some cold soups and light and fresh salads. Deb Bixler will provide you with recipes that are great for picnics, pot lucks, and quick summer meals. Samples of the foods will be provided to all! Maximum for the Class: 30.

Date and Time: Tuesday, May 15, 2012 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 payable to Springettsbury Township prior to the class.

To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$10.00 registration fee for each class (except Bingo which is \$5.00). The money is due prior to the class or program! Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:
 Springettsbury Township
 1501 Mt. Zion Rd.
 York, PA 17402

For additional questions, contact Lisa Krout at White Rose Senior Center (843-9704) or Mary Fisher at Springettsbury Township (505-0475).

REGISTRATION FORM

Name _____ Address _____
 City, State, Zip _____
 Home Phone _____ Work Phone _____ Email _____
 Emergency Contact: Name/Phone _____
 Date of Birth _____

Participant's Name	Course Name/Date	Fee - \$10.00/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named candidate for participation in the above named activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named activity.

_____ Do not send cash. Make checks **Total Payment \$** _____
 Signature of payable to Springettsbury
 Participant Township Recreation.
 1501 Mt. Zion Rd., York, PA 17402

___ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:
www.springettsbury.com