



CHECK OUT THE S.T.A.R.S. PROGRAMS

“Senior Time Activities for Residents of Springettsbury”

Springettsbury Township and White Rose Senior Center are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person, 50 and over, are welcome to attend. The Spring 2013 classes are as follows:

“Yo Yo Spring Crafts” - Marti Leader will show you how to make little peeps and bunnies that will bring delight to an Easter Basket or Table Decoration. They are made of fabric circles called yo yo's. You will also make a Yo Yo Flower Pin too!

Supplies: needle, thread (any color), scissors, and glue. Maximum for the Class: 15.

Date and Time: Wednesday, March 13, 2013 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse
1501 Mt. Zion Rd., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“St. Patty’s Day Meal” – In celebration of St. Patrick’s Day, Deb Bixler will make traditional Irish food like Corned “Beef” and Cabbage with spring vegetables, Irish Soda Bread, and Boxty and Apple Barley Pudding! You are going to be “lucky” to receive good healthy recipes to appeal to your palate! Recipes and samples will be provided to all. Maximum for the Class: 30.

Date and Time: Tuesday, March 19, 2013 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“We Are “NUTS” About Gluten Free and Vegetarian” – You don’t have to be a vegetarian to love this class. All of the dishes that Deb Bixler will make today are vegetarian and gluten free and YUMMY enough for the whole family! You will be tasting and receiving recipes on the following: Rosemary Polenta, Red Lentil Veggie Burgers, Orange Almond Tuiles and Strawberry Tarlett. Maximum for the Class: 30.

Date and Time: Tuesday, April 9, 2013 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“Bingo and Lunch Aroma Buffet and Grill” – White Rose Senior Center and Springettsbury Township offer “Bingo” at Aroma Buffet and Grill. Prizes will be given to all of the winners. Lunch will be served prior to Bingo. Come and join in the fun!

Date and Time: Tuesday, April 23, 2013 (11:00-1:30 PM)

Location: 2801 E. Market St., York, PA

Cost: \$5.00 payable to Springettsbury Township prior to the class for Bingo (No Resident/Non-Resident Differentiation); Lunch is on Your Own. (\$6.50 buffet, \$1.50 beverage; 10% discount if 65+)

“Make a Wrapped Bracelet and Matching Earrings” – Marti Leader will demonstrate how to make a leather bracelet that is embellished with beads and has a button closure. You will also make a matching pair of earrings to compliment your bracelet. This will make a fun accessory to your wardrobe! Sign up quickly because space is limited! Maximum for the Class: 15.

Date and Time: Wednesday, May 8, 2013 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse
1501 Mt. Zion Rd., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“Super, Sensational, Simple, Summer Salad Solution” - Deb Bixler will show you great salad dressings that you can throw together in a flash! The dressings include: Gazpacho Vinaigrette, Roast Poblano Dressing, Creamy Miso Dressing, Lemon-Tahini Dressing, Whole-Grain Mustard Vinaigrette, Full Flavor Fat Free Balsamic Vinaigrette, and Deb’s favorite Cranberry Vinaigrette all intensely flavored fun, fast, and healthy salad solutions! Samples and recipes will be provided. Maximum for the Class: 30.

Date and Time: Tuesday, May 14, 2013, 2012 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$10.00 registration fee for each class (except Bingo which is \$5.00) and if you are not a resident of Springettsbury Township there is an additional \$5.00 towards the class with the exception being for Bingo (this is new beginning with the Fall Session of 2012). The money is due prior to the class or program! Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:
 Springettsbury Township
 1501 Mt. Zion Rd.
 York, PA 17402

For additional questions, contact Lisa Krout at White Rose Senior Center (843-9704) or Mary Fisher at Springettsbury Township (505-0475).

REGISTRATION FORM

Name _____ Address _____
 City, State, Zip _____
 Home Phone _____ Work Phone _____ Email _____
 Emergency Contact: Name/Phone _____
 Date of Birth _____

Participant's Name	Course Name/Date	Fee - \$10.00/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named candidate for participation in the above named activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named activity.

_____ Do not send cash. Make checks **Total Payment \$** _____
 Signature of payable to Springettsbury
 Participant Township Recreation.
 1501 Mt. Zion Rd., York, PA 17402

___ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:
www.springettsbury.com