



CHECK OUT THE S.T.A.R.S. PROGRAMS “Senior Time Activities for Residents of Springettsbury”

Springettsbury Township and White Rose Senior Center are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person, 50 and over, are welcome to attend. The Spring 2014 classes are as follows:

“Make a Magnet Board” – Marti Leader will demonstrate how to make a creative and functional project that could hold recipes, be used to hang pictures and sayings. The board is a cookie sheet and you will embellish it with an assortment of supplies. This can be hung on a wall or a plate stand could hold it up on a counter. A Magnet Board would make a fabulous gift! Supplies: Scissors or cutter, tape runner, pencil, and ruler. Maximum for the Class: 15.

Date and Time: Tuesday, March 11, 2014 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse
1501 Mt. Zion Rd., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“Bright and Sunny Meals” - Ready for Spring yet!? These bright and sunny recipes will get you in the mood for warmer weather meals! Deb Bixler will make Spring Salad with Creamy Goat Cheese Dressing, two fresh & yummy asparagus recipes, Grinnin' for Greens Polenta, Strawberry Whole Grain Muffins, Deb's Famous Spring Chicken Fajita and other bright and sunny recipes. Recipes and food samples for all! Maximum for the Class: 30.

Date and Time: Tuesday, March 25, 2014 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“Cheese Mania” – April celebrates National Cheese Fondue Day, National Cheese Sandwich Month, National Cheese Ball Day, and National Cheese Cake Day...not to mention National Fresh Celery Month so we will celebrate them ALL with Deb Bixler. Join us as we go crazy for cheese and a side of celery! Recipes and samples will be provided to all. Maximum for the Class: 30.

Date and Time: Tuesday, April 15, 2014 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“Make a Spool Bird” - Mary Jane Miller will show you how to make this adorable 6 1/2 " high bird pin cushion using simple hand sewing techniques. The bird is made out of wool fabric. You will learn to make a segmented cushion for the bird to sit on and then it will be glued onto a large wooden spool. Mary Jane will have a variety of colors to choose from . This is a cute and useful decorative pin cushion. *Supplies: small scissors, straight sewing pins and a pencil with an eraser.*
Maximum for the Class: 8.

Date and Time: Tuesday, April 29, 2014 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse
1501 Mt. Zion Rd., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

“Bingo and Lunch Aroma Buffet and Grill” – White Rose Senior Center and Springettsbury Township offer “Bingo” at Aroma Buffet and Grill. Prizes will be given to all of the winners. Lunch will be served prior to Bingo. Come and join in the fun!

Date and Time: Wednesday, May 7, 2014 (11:00-1:30 PM)

Location: 2801 E. Market St., York, PA

Cost: \$5.00 payable to Springettsbury Township prior to the class for Bingo (No Resident/Non-Resident Differentiation); Lunch is on Your Own. (\$6.50 buffet, \$1.50 beverage; 10% discount if 65+)

“Strawberries for Breakfast, Lunch and Dinner!” - Just in time for local strawberries, Chef Deb Bixler will show you how to make a Very Berry Breakfast Cake, Sweet and Sour Strawberry Salad, Chocolate Dipped Strawberries, Strawberry Balsamic Chicken and more! Samples and recipes will be provided. Maximum for the Class: 30.

Date and Time: Tuesday, May 13, 2014 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$10.00 registration fee for each class (except Bingo which is \$5.00) and if you are not a resident of Springettsbury Township there is an additional \$5.00 towards the class with the exception being for Bingo (this is new beginning with the Fall Session of 2012). The money is due prior to the class or program! Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:
 Springettsbury Township
 1501 Mt. Zion Rd.
 York, PA 17402

For additional questions, contact Lisa Krout at White Rose Senior Center (843-9704) or Mary Fisher at Springettsbury Township (505-0475).

REGISTRATION FORM

Name _____ Address _____
 City, State, Zip _____
 Home Phone _____ Work Phone _____ Email _____
 Emergency Contact: Name/Phone _____
 Date of Birth _____

Participant's Name	Course Name/Date	Fee - \$10.00 Resident or \$15 Non-Resident/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named candidate for participation in the above named activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named activity.

_____ Do not send cash. Make checks **Total Payment \$** _____
 Signature of payable to Springettsbury
 Participant Township Recreation.
 1501 Mt. Zion Rd., York, PA 17402

___ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:
www.springettsbury.com