



## **CHECK OUT THE S.T.A.R.S. PROGRAMS** “Senior Time Activities for Residents of Springettsbury”

Springettsbury Township and White Rose Senior Center are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person, 50 and over, are welcome to attend. The Spring 2016 classes are as follows:

**“The Green Grocer!”** – Let's cook green today with Deb Bixler! She will make green broccoli, green salads, green pasta, green stir-fry, green butter, green eggs and more! All will be fun, fast, healthy and most of all YUMMY! Recipes and samples will be given to all participants. Maximum for the Class: 30.

Date and Time: Friday, March 4, 2016 (2:00-4:00 PM)

Location: Commonwealth Fire Company  
2045 N. Sherman St., York, PA

**Registration Fee:** \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

**“Make an Easter/Spring Wreath”** - Marti Leader will show you how to make a colorful Spring Wreath to adorn your door. You will use decorative spring mesh colors and Easter embellishments to enhance your creation! Supplies: Scissors, white tacky glue . Maximum for the Class:10.

Date and Time: Wednesday, March 9, 2016 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse  
1501 Mt. Zion Rd., York, PA

**Registration Fee:** \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

**“April Fools Food Combos That Surprise You!”** - What do you think of Mac 'n Cheese Lava Cake, Eggs Over Light Salad, Pickle Hors 'd oeuvres, Fudgy Avocado Brownies, Vinegar and Ice Cream or Peanut Butter Burgers? Well come and see what Deb Bixler has planned because the joke is on you with these funny food combos that you never thought you'd eat but will surprise your palate! The recipes and samples will be provided to all of the participants. Maximum for the Class: 30.

Date and Time: Tuesday, April 5, 2016 (2:00-4:00 PM)

Location: Commonwealth Fire Company  
2045 N. Sherman St., York, PA

**Registration Fee:** \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.





"Make a "Wee Folk" Fairy" - Make an adorable 4 inch fairy using chenille stems, embroidery floss and silk flowers. Mary Jane Miller will teach you how to make the bodies and use the silk flowers for their shirts and wings. A small amount of hand sewing and gluing is required. Supplies: Bring sharp scissors, 6" ruler, any embroidery floss or yarn you have, an embroidery needle, wire cutters, and several silk flowers (those that have lots of petals work best like carnations, sunflowers, etc.)). Maximum for the Class: 10.

Date and Time: Tuesday, April 26, 2016 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse  
1501 Mt. Zion Rd., York, PA

**Registration Fee:** \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

"Bingo and Lunch Aroma Buffet and Grill" – White Rose Senior Center and Springettsbury Township offer "Bingo" at Aroma Buffet and Grill. Prizes will be given to all of the winners. Lunch will be served prior to Bingo. Come and join in the fun!

Date and Time: Wednesday, May 11, 2016 (11:00-1:30 PM)

Location: 2801 E. Market St., York, PA

Cost: \$5.00 payable to Springettsbury Township prior to the class for Bingo (No Resident/Non-Resident Differentiation); Lunch is on Your Own. (approximately \$6.50 buffet, \$1.50 beverage; 10% discount if 65+)

"Let's Celebrate Half-Giving!" – Deb Bixler says it is only six months until our favorite holiday, Thanksgiving, so let's celebrate! Turkey is perfect all year-round. At this class you will learn how to celebrate Half-Giving without that Thanksgiving mess! Food samples and the recipes will be given to all participants. Maximum for the Class: 30.

Date and Time: Tuesday, May 17, 2016 (2:00-4:00 PM)

Location: Commonwealth Fire Company  
2045 N. Sherman St., York, PA

**Registration Fee:** \$10.00 for Springettsbury Township Residents/\$5.00 additional for Non-Residents payable to Springettsbury Township prior to the class.

To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$10.00 registration fee for each class (except Bingo which is \$5.00) and if you are not a resident of Springettsbury Township there is an additional \$5.00 towards the class with the exception being for Bingo (this is new beginning with the Fall Session of 2012). The money is due prior to the class or program! Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:  
 Springettsbury Township  
 1501 Mt. Zion Rd.  
 York, PA 17402

**For additional questions, contact Lisa Krout at White Rose Senior Center (843-9704) or Karen Burkholder at Springettsbury Township (757-3521).**

**REGISTRATION FORM**

Name \_\_\_\_\_ Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Emergency Contact: Name/Phone \_\_\_\_\_  
 Date of Birth \_\_\_\_\_

Participant's Name	Course Name/Date	Fee - \$10.00 Resident or \$15 Non-Resident/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named candidate for participation in the above named activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named activity.

\_\_\_\_\_ Do not send cash. Make checks **Total Payment \$** \_\_\_\_\_  
 Signature of payable to Springettsbury  
 Participant Township Recreation.  
 1501 Mt. Zion Rd., York, PA 17402

\_\_\_ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:  
[www.springettsbury.com](http://www.springettsbury.com)