



CHECK OUT THE S.T.A.R.S. PROGRAMS “Senior Time Activities for Residents of Springettsbury”

Springettsbury Township and White Rose Senior Center are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person, 50 and over, are welcome to attend. The Summer 2017 classes are as follows:

STARS Program

Class: Painted Daisy

A splash of white, a splash of green, and a splash of red and in just two hours you will leave with a masterpiece! Marti Leader will show you how to paint a beautiful daisy and ladybug on a 12" x 12" canvas. Grape juice, cheese and crackers will be provided too for an afternoon of fun!

Instructor: Marti Leader

Date: June 7, 2017

Day: Wednesday

Time: 2:00 – 4:00pm

Location: Springettsbury Township Farmhouse

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior to Class

Maximum for Class: 10 participants



STARS Program

Class: An Easy Week of Meals

No leftovers in the house but we can make a plan to eat fun, fast and healthy meals every day of the week. Deb Bixler will show you how to re-purpose Sunday dinner into 7 more meals! You will have recipes and samples for Pulled BBQ Sandwiches n'slaw, Roast Veggie Fajita Salad, Korean Quesadillas, an Asian and Italian Stir-Fry and more!

Instructor: Deb Bixler

Date: June 21, 2017

Day: Wednesday

Time: 2:00 – 4:00pm

Location: Commonwealth Fire Company

Cost: R-\$10.00 NE-\$15.00 Payable to Springettsbury Township Prior to Class

Maximum for class: 30 participants

STARS Program

Class: Super Sensational Simple Summer Salad Solutions

If they are not fun, fast and healthy, Deb Bixler won't be making them here! Keep your family on the right side of healthy living with some cool Summer Salads that you can throw together in a flash! Deb will show you how to make Potato-Zucchini Salad, Brie with Summer Peaches, Sugar Snap Pea Salad, 3-In-One All Purpose Salad Dressing, and Mango Blueberry Quinoa Salad for starters! Recipes and samples will be given to everyone.

Instructor: Deb Bixler

Date: July 18, 2017

Day: Tuesday

Time: 2:00 – 4:00pm

Location: Commonwealth Fire Company

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior to Class

Maximum for Class: 30 participants

STARS Program

Class: Make a Needle felted Cute Little Pig

Our next needle felting project will be a cute little pig. Mary Jane Miller will show you how to needle felt using felting needles and wool roving to create an adorable little farm animal! No previous experience is necessary.

Supplies: Soft Grip Car Wash Sponge or Small Piece of foam Rubber (not Styrofoam) and scissors

Date: July 25, 2017

Day: Tuesday

Time: 2:00 – 4:00pm

Location: Springettsbury Township Farmhouse

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 15 Participants



STARS Program

Class: Summer With or Without the Grill

Deb Bixler is ready to share some fun with these unique variations on your summer favorites! She will serve BLT Hot Dogs, Grilled Pizza, Chicken Burgers and Deb's Spicy 3-Ingredient Sauce, Grilled Peach Melba and more will be yours for the sampling! Recipes will be included.

Instructor: Deb Bixler

Date: August 15, 2017

Day: Tuesday

Time: 2:00 – 4:00pm

Location: Commonwealth Fire Company

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior to Class

Maximum for Class: 30 participants

STARS Program

Class: Bingo and Lunch Aroma Buffet & Grill

White Rose Senior Center and Springettsbury Township offer “Bingo” at Aroma Buffet & Grill. Prizes will be given to all of the winners. Lunch will be served prior to Bingo. Come and join in the fun!

Day: Tuesday

Date: August 29, 2017

Time: 11:00 – 1:30pm

Location: Aroma Buffet & Grill – 2801 E. Market St, York, PA

Cost: \$5.00 payable to Springettsbury Township prior to the class for bingo. (No Resident / Non-Resident Differentiation); Lunch is on your own. (Approximately \$7.59 buffet, \$2.04 beverage; 15% gratuity charged to groups of 8 or more)

To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$10.00 registration fee for each class (except Bingo which is \$5.00) and if you are not a resident of Springettsbury Township there is an additional \$5.00 towards the class with the exception being for Bingo. The money is due prior to the class or program! Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:
 Springettsbury Township
 1501 Mt. Zion Rd.
 York, PA 17402

For additional questions, contact Lisa Krout at White Rose Senior Center (843-9704) or Brandie Roberts at Springettsbury Township (757-3521).

REGISTRATION FORM

Name _____ Address _____
 City, State, Zip _____
 Home Phone _____ Work Phone _____ Email _____
 Emergency Contact: Name/Phone _____
 Date of Birth _____

Participant's Name	Course Name/Date	Fee - \$10.00 Resident or \$15 Non-Resident/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named candidate for participation in the above named activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named activity.

_____ Do not send cash. Make checks **Total Payment \$** _____
 Signature of payable to Springettsbury
 Participant Township Recreation.
 1501 Mt. Zion Rd., York, PA 17402

___ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:
www.springettsbury.com