



CHECK OUT THE S.T.A.R.S. PROGRAMS “Senior Time Activities for Residents of Springettsbury”

Springettsbury Township, White Rose Senior Center, and the York County Area Agency on Aging are proud to bring you a variety of classes to adults 50 and over.

“S.T.A.R.S.” stands for “Senior Time Activities for Residents of Springettsbury”, although any person 50 and over are welcome to attend. The Fall 2009 classes are as follows:

“Cake Decorating Demonstration” – Brenda Moore will show you some tips and secrets of cake decorating. Everyone will take home a six-inch decorated cake! Depending on the interest, we will offer another class during the Spring Session of STARS which will be a “hands on” class where you will be asked to bring a few supplies. Come learn how to make beautiful cakes for your family and friends! Maximum for the class: 20.

Date and Time: Wednesday, January 13, 2010 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Souper Soups” – Come in out of the cold and get warm with some fun, fast and healthy soups, stews and chili! Deb Bixler from *Now We’re Cooking*, will make some of your favorites and some new recipes too. Samples and the recipes will be provided to all!

Date and Time: Tuesday, January 19, 2010 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Make a Concertina Card and an Iris Paper Folded Spring-themed Card” – Jean Ann Lehman will teach you how to make an Easter-themed concertina card. This is a different type of card with a folded message and tied with a ribbon. You will also make a spring-themed Iris Paper Folded Card which everyone will love! Bring: scissors, colored pencils, adhesive tape runner or a glue stick, scotch tape, pencil and a ruler. Maximum for the Class: 15.

Date and Time: Wednesday, February 10, 2010 (2:00-4:00 PM)

Location: Springettsbury Township Farmhouse
1501 Mt. Zion Rd., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Foods for Your Heart” – February is National Heart Month so Chef Deb Bixler will focus on heart healthy food options. Asparagus, chocolate and oatmeal will be featured during the class. Samples and recipes will be provided!

Date and Time: Tuesday, February 16, 2010 (2:00-4:00 PM)

Location: Commonwealth Fire Company
2045 N. Sherman St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

“Bingo at Hoss’s Steak & Sea House” – Join in the Fun! White Rose Senior Center and Springettsbury Township offer “Bingo” at the East York Hoss’s. Prizes will be given to all of the winners. Lunch will be served prior to Bingo.

Date and Time: Wednesday, March 3, 2010 (11:00-2:00 PM)

Location: 3604 E. Market St., York, PA

Cost: \$2.00 Registration Fee for Bingo; Lunch is on Your Own – 18% gratuity will be added to your bill.

“Winding Up Winter with Wraps” – Hot wraps, cold wraps, dessert wraps...wraps are back by popular request! Deb Bixler will show you how to make a variety of wrap recipes that you can enjoy anytime! Samples and recipes will be given at the class.

Date and Time: Tuesday, March 16, 2010 (2:00-4:00 PM)

Location: Commonwealth Fire Company

2045 N. Sherman St., York, PA

Registration Fee: \$5.00 payable to Springettsbury Township

To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$5.00 registration fee for each class. Please mark the class or classes you are signing up for in the memo section of your check.

Mail your Registration Form and Check (if applicable) to:
 Springettsbury Township
 1501 Mt. Zion Rd.
 York, PA 17402

For additional questions, contact Lisa Krout at White Rose Senior Center (843-9704)

REGISTRATION FORM

Name _____ Address _____
 City, State, Zip _____
 Home Phone _____ Work Phone _____ Email _____
 Emergency Contact: Name/Phone _____

Participant's Name	Course Name/Date	Fee - \$5.00/class	Office Use Only
			Check #
			Receipt #
			Cash

Waiver of liability: I, the above named candidate for participation in the above named activity, hereby, waive any claim for bodily injury or property damage against the Springettsbury Township Recreation Department, its agents, servants and/or employees while a participant in the above named activity.

_____ Do not send cash. Make checks **Total Payment \$** _____
 Signature of payable to Springettsbury
 Participant Township Recreation.
 1501 Mt. Zion Rd., York, PA 17402

___ Check here if this is the **first time** you have registered for any activity with us. Additional registration forms are available for downloading from the following website:
www.springettsbury.co